These events will include a limited Programme and will be conducted in line with government guidelines. Athletes should read the latest **scottish**athletics Athletes’ Guidance before submitting their entry.

**scottish**athletics **- Spring Throws Meeting**

**Sunday 28 March 2021**

**Shot Putt, Javelin Throw, Hammer Throw & Discus Throw**

**Entries open Schedule:**

1000hrs Thursday 24 February – U13 U15, U17, U20, Senior and Masters Athletes

**Entries Close:** Midnight Sunday 21 March 2021

**Cost:** £5

This is a closed event for **scottish**athletics members only.

Spectators

This is a closed doors event with no spectators allowed.

Under 18 athletes only may be accompanied by a responsible adult.

If you experience online entry problems please email: [events@scottishathletics.org.uk](mailto:events@scottishathletics.org.uk) before midnight on the closing date.

Emails submitted after this time will not be accepted as an entry.